

# PRIMARY MENTAL HEALTH SERVICES

## **We provide:**

A qualified mental health service within the primary care setting to support, deliver, educate and coordinate mental health & addiction services.

## **What we do:**

Undertake clinical assessments  
Develop packages of care  
Provide follow up assessments  
Deliver brief interventions  
Develop closer links with other health organisations

## **The goals of the service are:**

- To ensure that people living with mild to moderate mental health & addiction issues in the community are supported and are linked to the appropriate health services.
- To work with people with mild to moderate mental health & addiction issues, who without support might require secondary mental health services.
- Applying evidence based on mental health practice.
- Up skill health professionals within primary care teams so that they work consistently in terms of ways they screen and assess people for mental health & addiction problems. Educating Whānau about available mental health & addiction services at all levels of care.
- To improve Whānau knowledge of mental health & addiction issues.



*“Whaia tau e hiahia ai, kia eke ki te taumata”*

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**“Kia Whakatinanatia ko te ihi, ko te wehi, ko te wana me te hauoranga o te whānau”**

“Living our Tino Rangatiratanga through strong, healthy, vibrant and prosperous whānau”